

A personalised visual story for

# **A Visit to the Dentist**

*Helping children become the brave main character in their story*

Scene 1 of 8



On Friday morning, Mum and I walk to the dentist's office together.

Scene 2 of 8



The waiting room has soft chairs and a big window with sunlight.

Scene 3 of 8



Dr. Robert is a kind person who helps look after my teeth.

Scene 4 of 8



I sit in a special chair that can move up and down like a ride.

Scene 5 of 8



A small tool makes a gentle buzzing sound while it cleans each tooth.

Scene 6 of 8



Feeling a little bit nervous about new sounds is a normal thing to feel.

Scene 7 of 8



I can hold Mum's hand or take a deep breath if I want to stay calm.

Scene 8 of 8



When my teeth are clean and shiny, I go to the playground to play.